

Recommended Paper: thin 1x3" - 3x9" (25x75mm - 75x225mm) paper-backed foil 1:3 rectangle (size J). For a Big Fat Zero, use 1:4 (size H) instead.



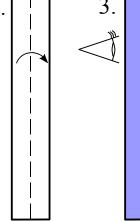
1.

Size J.

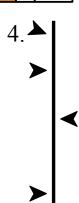
2.

Repeat

behind.



New view.



Bend the ends around.



Overlap by about twice the width (2 squares) and interleave all layers for a friction lock.



Shape into a loop about four times the width of the folded strip (4 squares).

