

Recommended Paper: paper-backed foil, $3 "-6 "(75 \mathrm{~mm}-150 \mathrm{~mm})$
1.

2.

4.


Pleat.
5.


Pre-crease


Collapse
like a
waterbomb base.

Squash
 open. (Shovel fold.)


Open out with a shovel fold.


Inverse shovel fold.


Collapse like a waterbomb base.


Squash open.
(Shovel fold.)


Simple hinge unfold to the middle layer. No new creases.


Close back up, pulling out the triangles so make the ends square.
18.


Repeat Step 17 with the other two pairs of ends so that there are 3 equilateral triangles (as seen from above and below).
19.



Done!


Tuck one end into the other to form an equilateral triangle (as seen from above and below).


