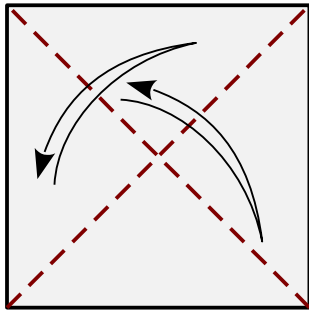


My Heart Soars

By Wensdy Whitehead

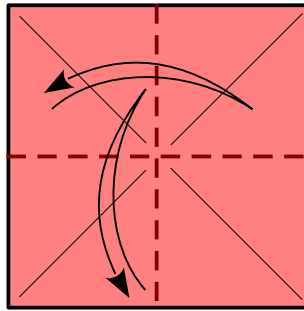
Recommended Paper: 8-12"
(20-30cm) foil-backed paper.

1.



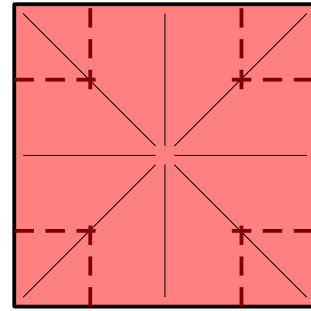
Fold and unfold.

2.



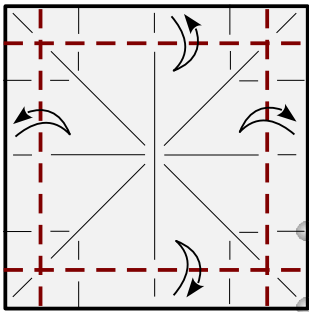
Fold and unfold.

3.



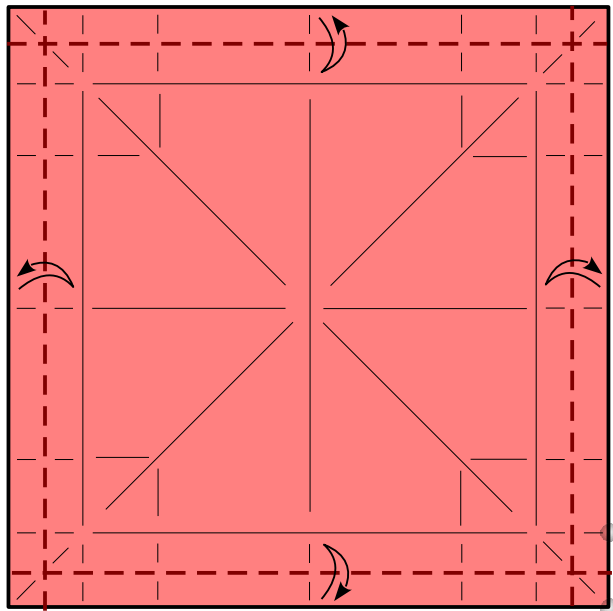
Pinch the quarters. For easy landmarks, make them cross the diagonal creases.

4.

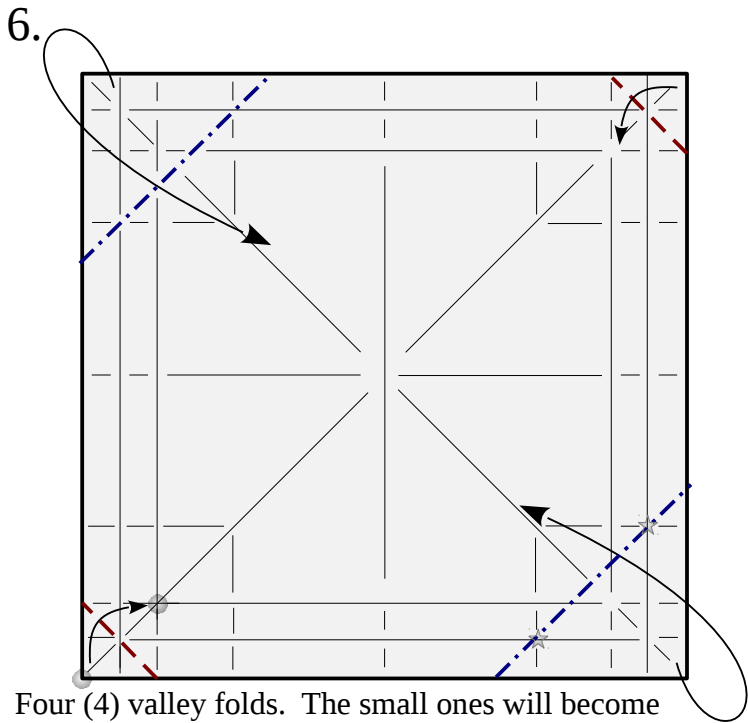


Fold and unfold the eighths.

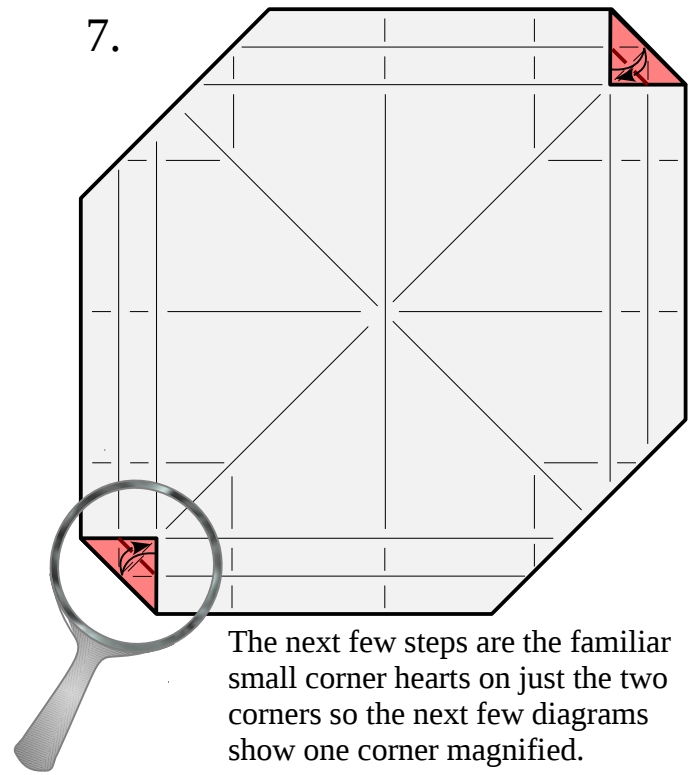
5.



Fold and unfold the sixteenths.

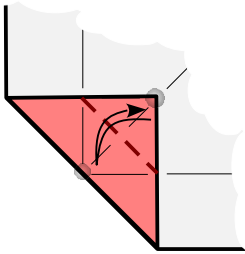


Four (4) valley folds. The small ones will become hearts; fold the corner to the second nearest intersection along the diagonal. The larger ones make the corners without hearts; fold *through* the intersections marked with stars and make sure the corner lands on the diagonal.



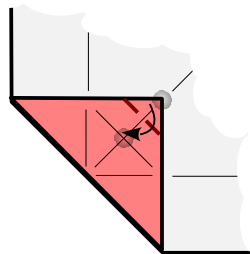
The next few steps are the familiar small corner hearts on just the two corners so the next few diagrams show one corner magnified.

8.



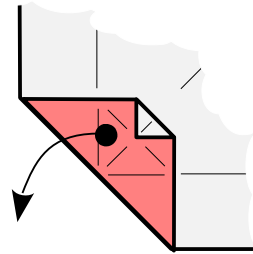
Fold and unfold all four (4) corners the same way.

9.



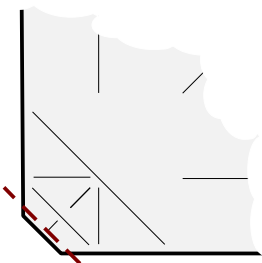
Fold all four (4) corners the same way.

10.



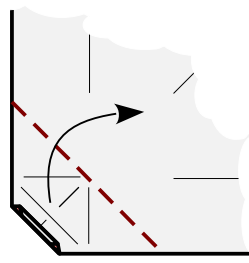
Unfold all four (4) of the larger dog-eared corners the same way.

11.



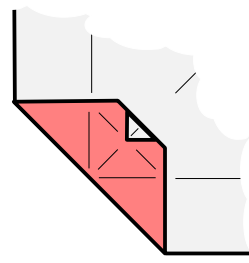
Make tiny hems to round the tops of all four (4) hearts.

12.

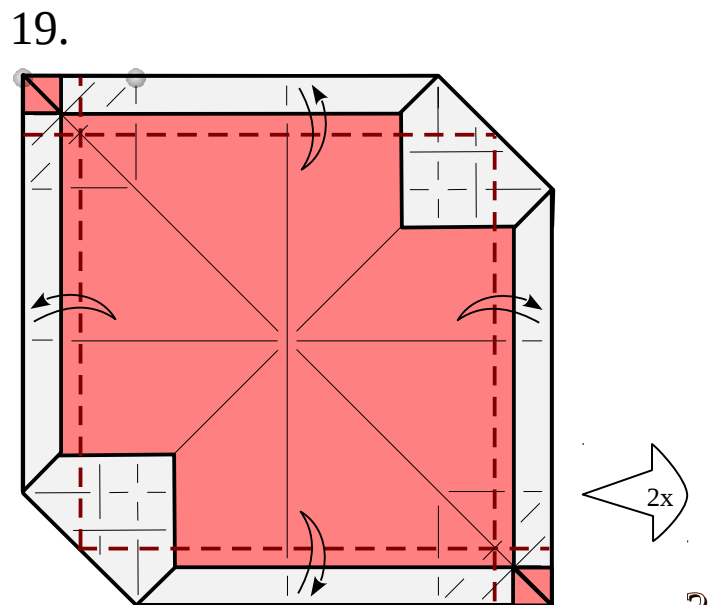
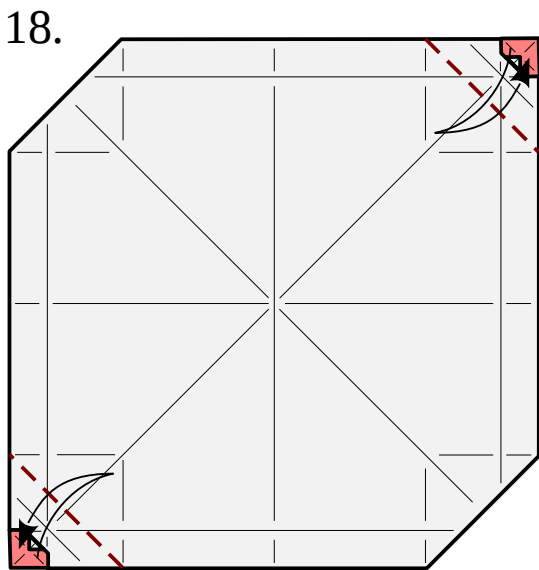
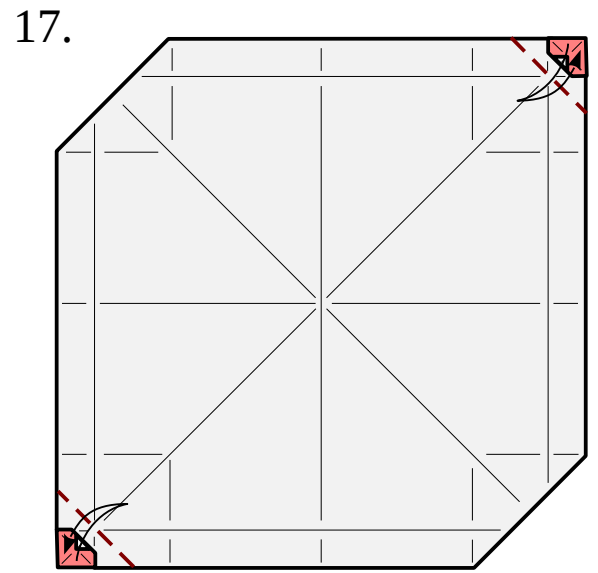
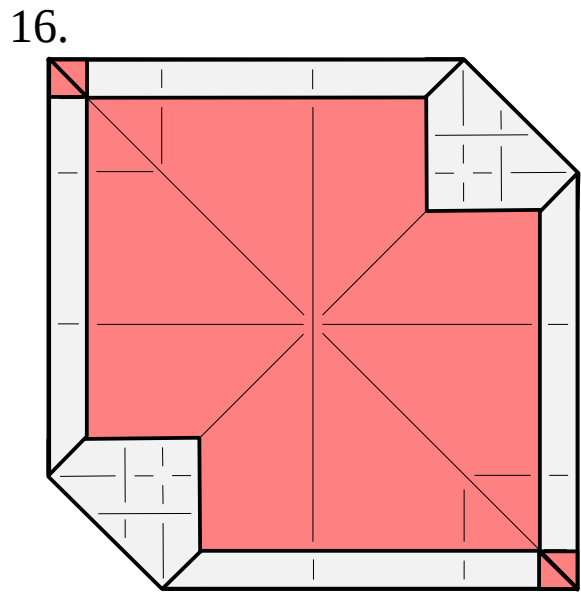
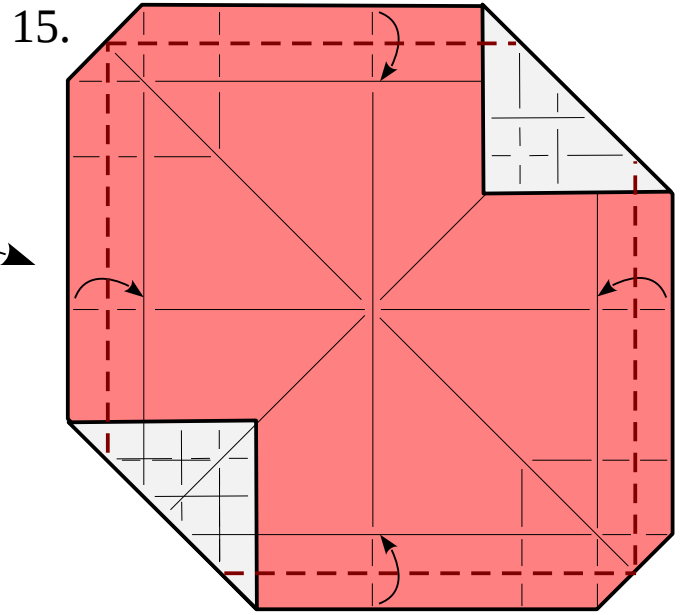
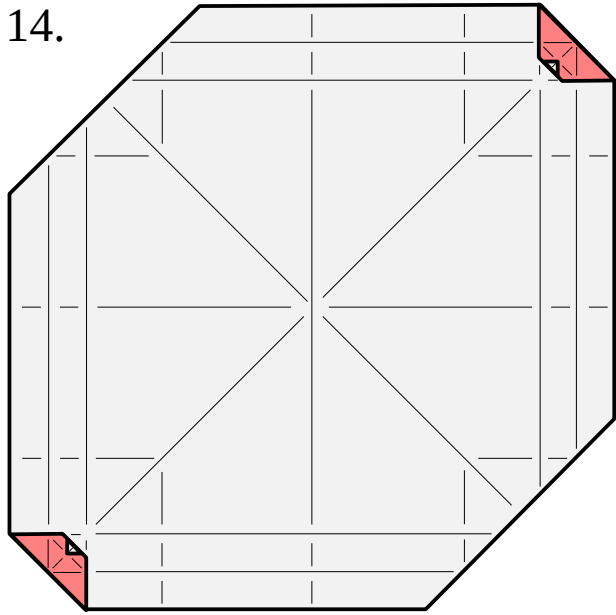


Refold step 6 on all four (4) corners.

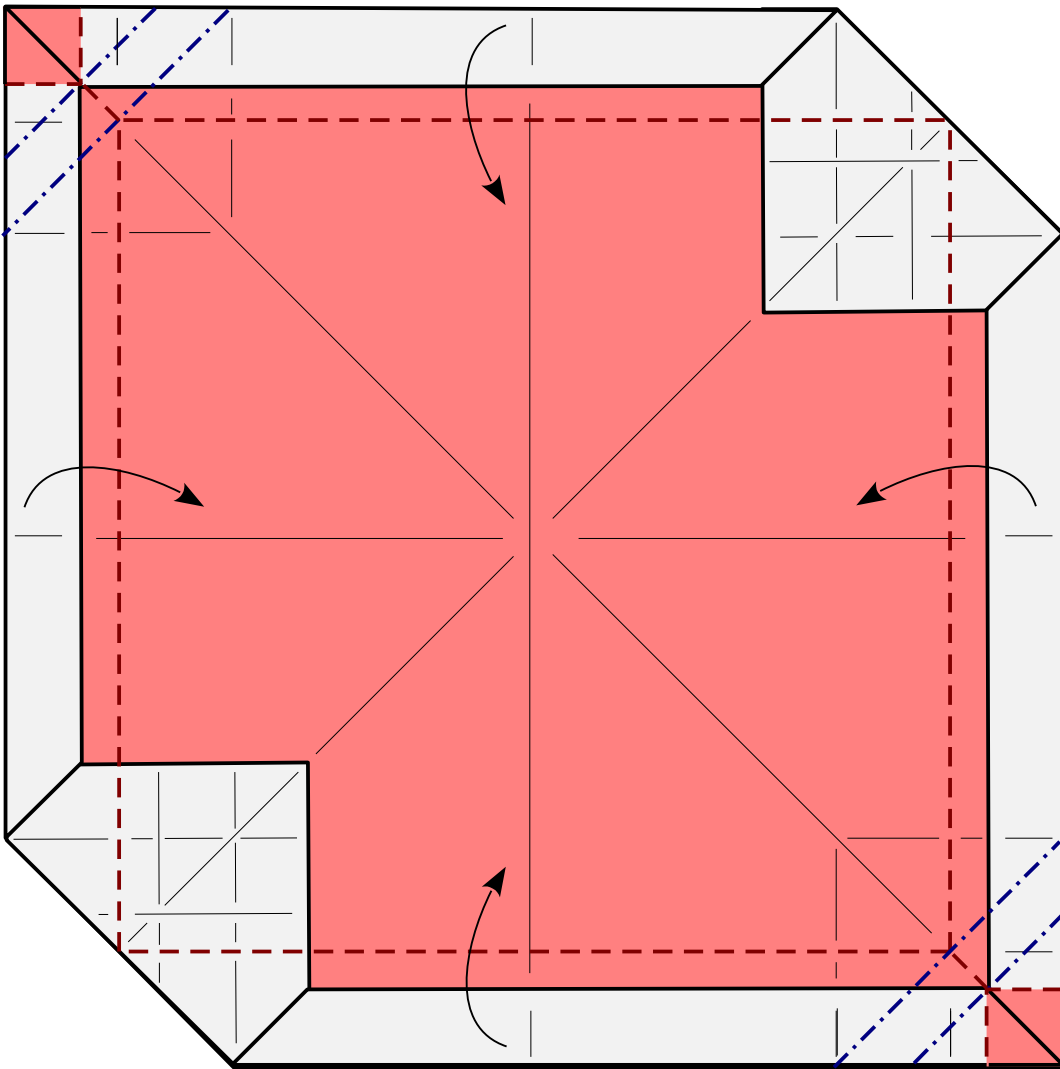
13.



Return to full view.

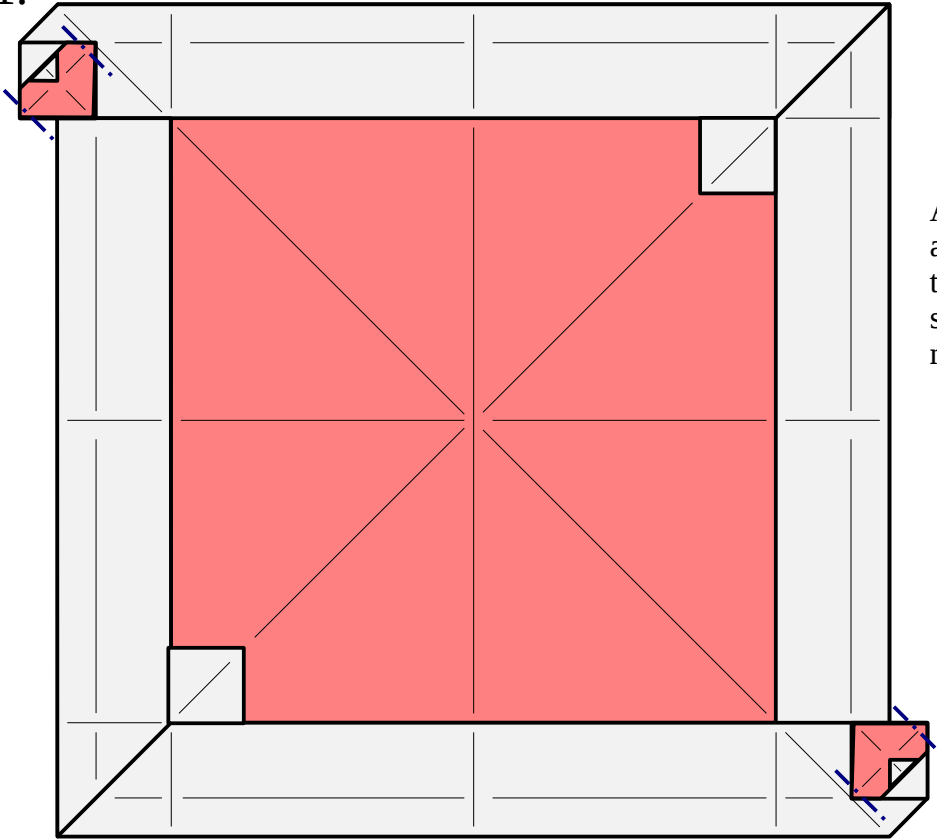


20.



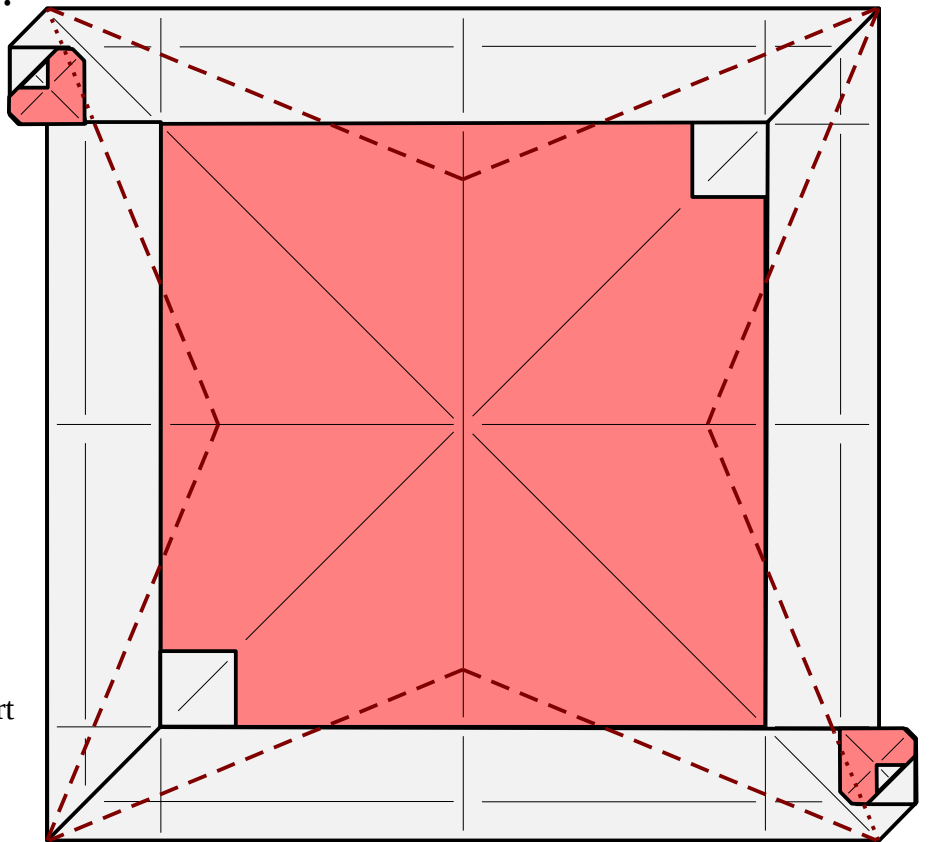
Collapse. Flatten the hearts clockwise or widdershins, as you wish, but it helps precision to exercise them both ways.

21.



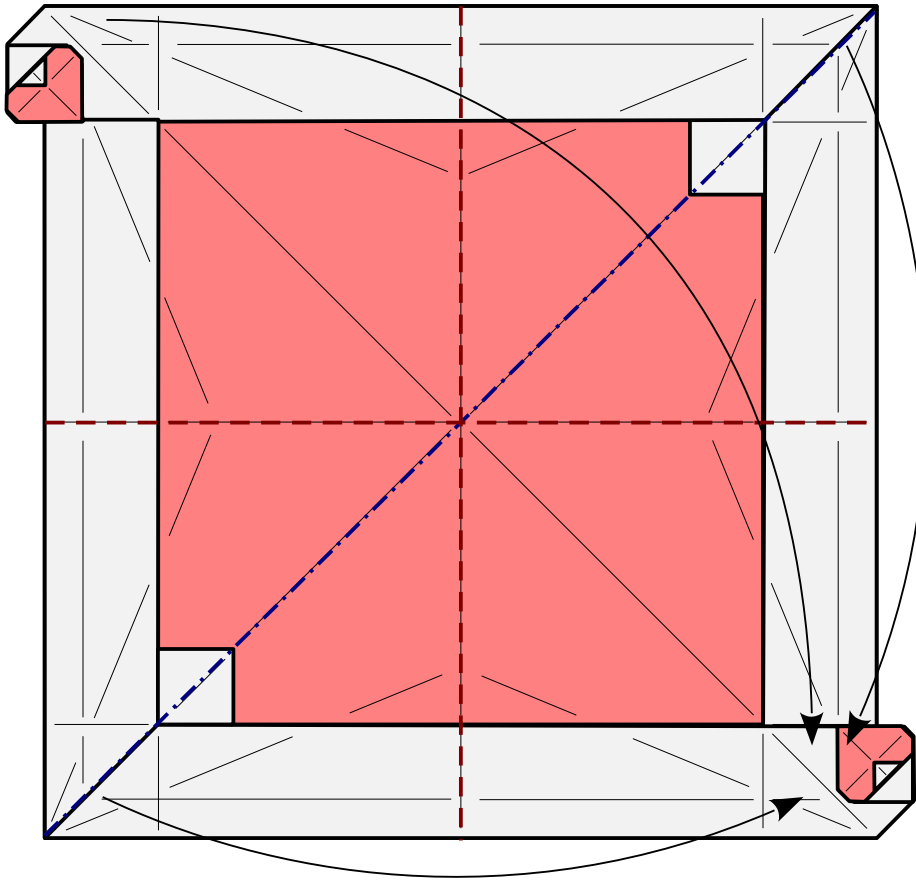
Articulated hearts are already free enough from the square to round their side corners using tiny mountain folds.

22.

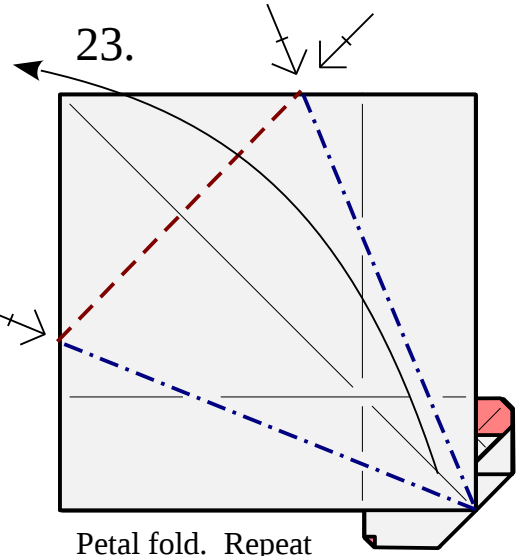


Pre-crease, page-turning the heart flaps as necessary to keep them out of the way.

22.

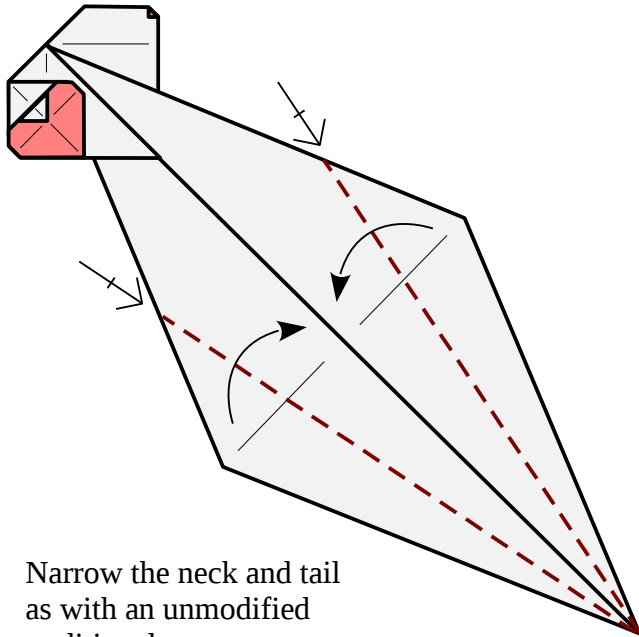


Collapse a preliminary base.



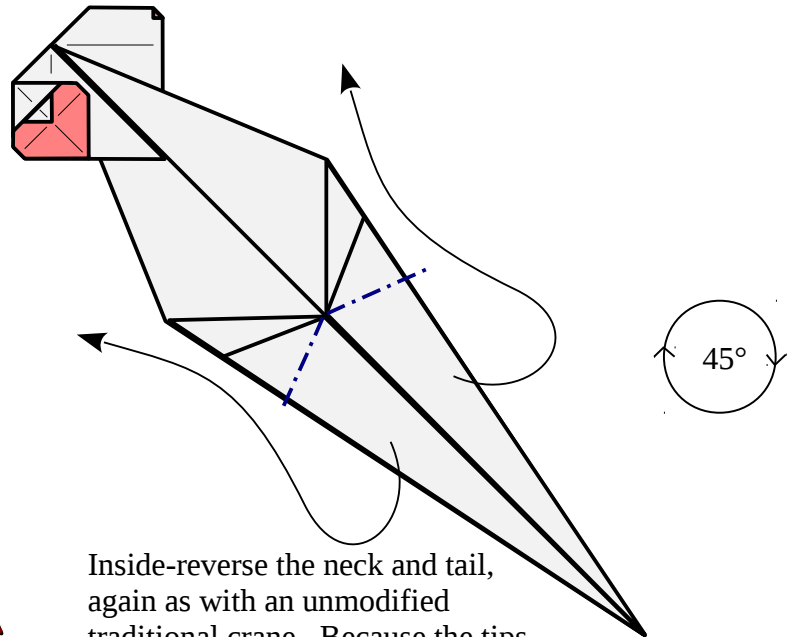
Petal fold. Repeat behind.

24.

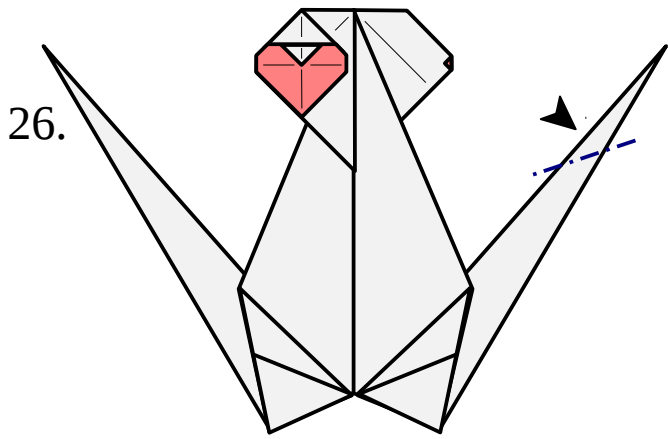


Narrow the neck and tail as with an unmodified traditional crane.

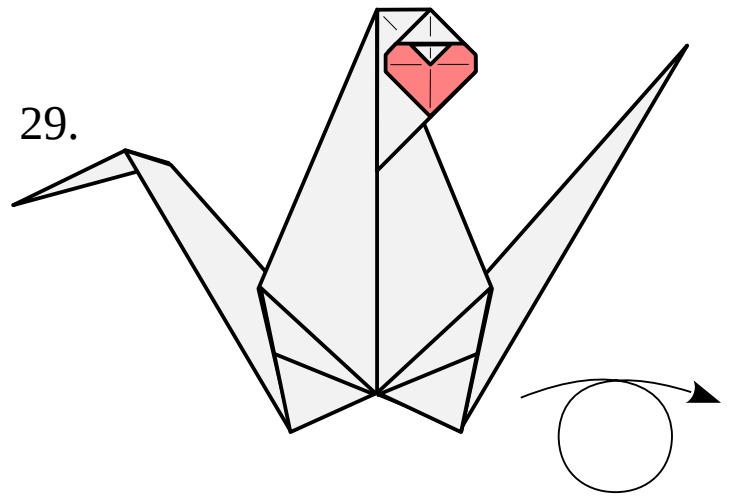
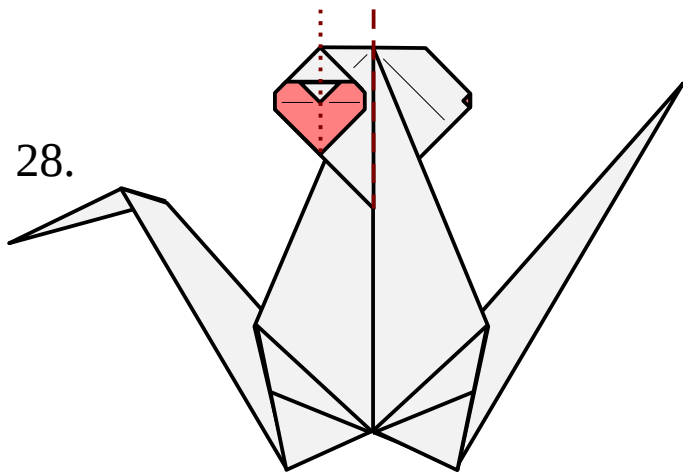
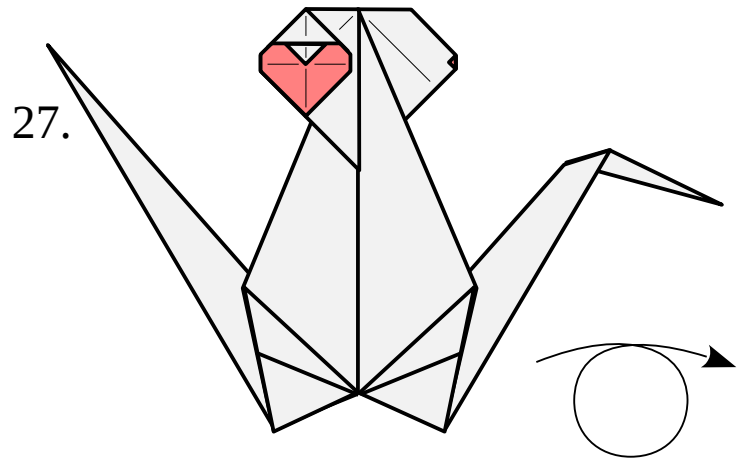
25.



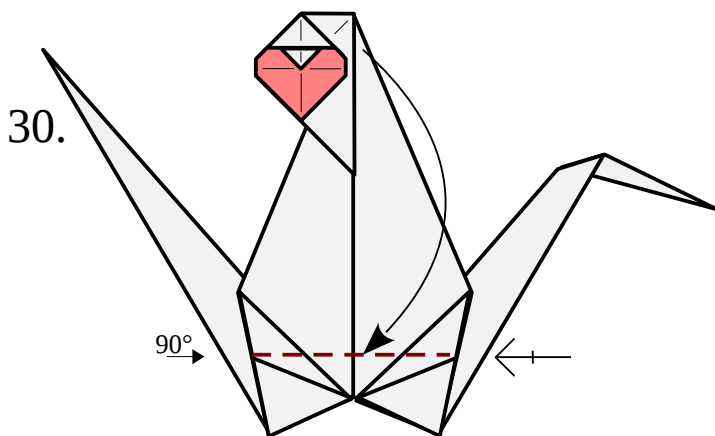
Inside-reverse the neck and tail, again as with an unmodified traditional crane. Because the tips are very thick now, it is best to form the head in the next step without setting this crease all the way to the tip. Use the more cooperative flap for the tail.



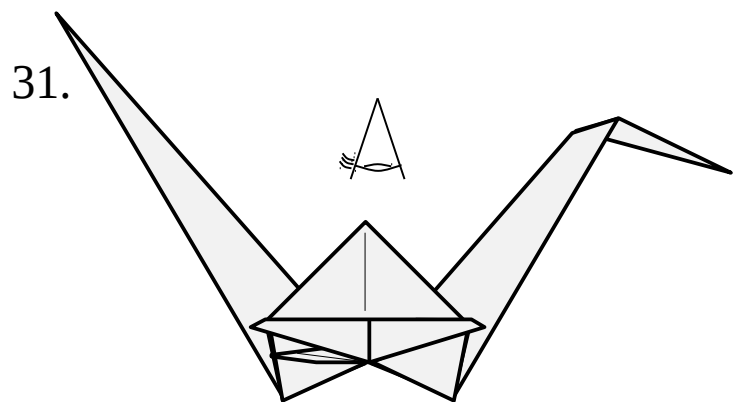
Inside-reverse to form the head.



Two page-turns on separate hinges in a zig-zag pattern to move the heart from one side to the other.

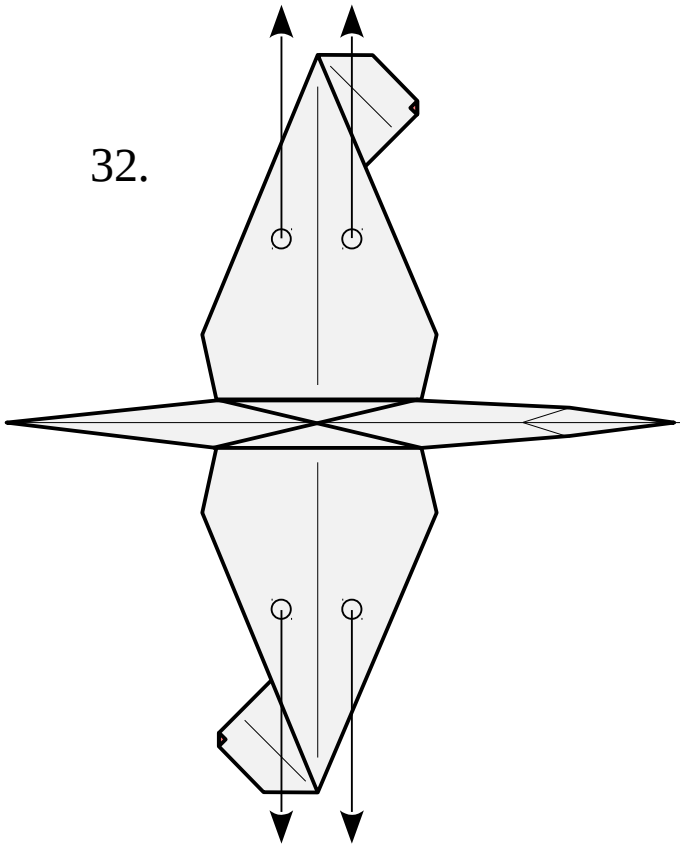


Fold the wings down and crease moderately sharply so that they will remain more horizontal after inflating the crane. Raise the wings back to 90°.



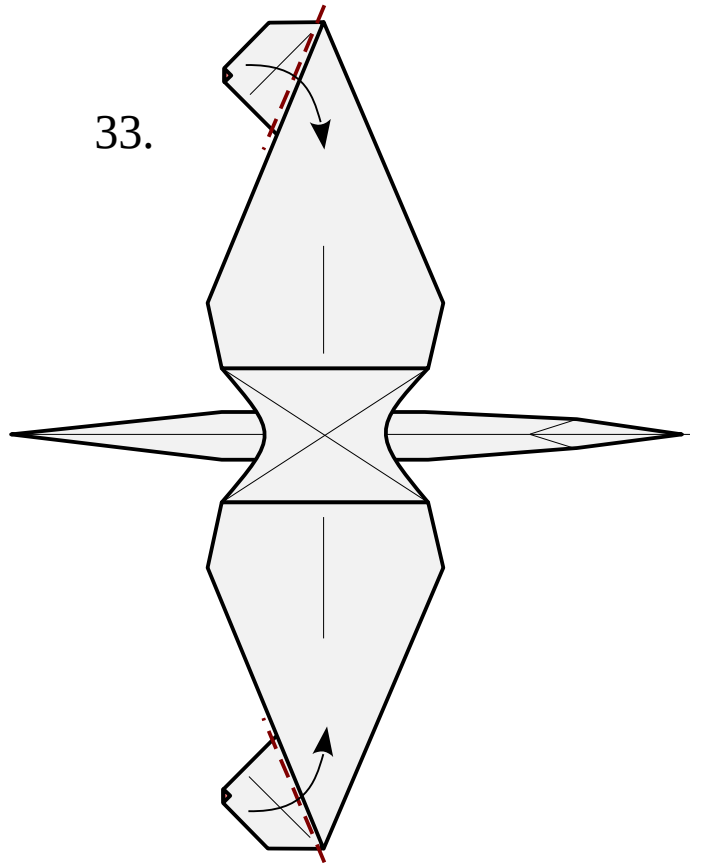
New view.

32.



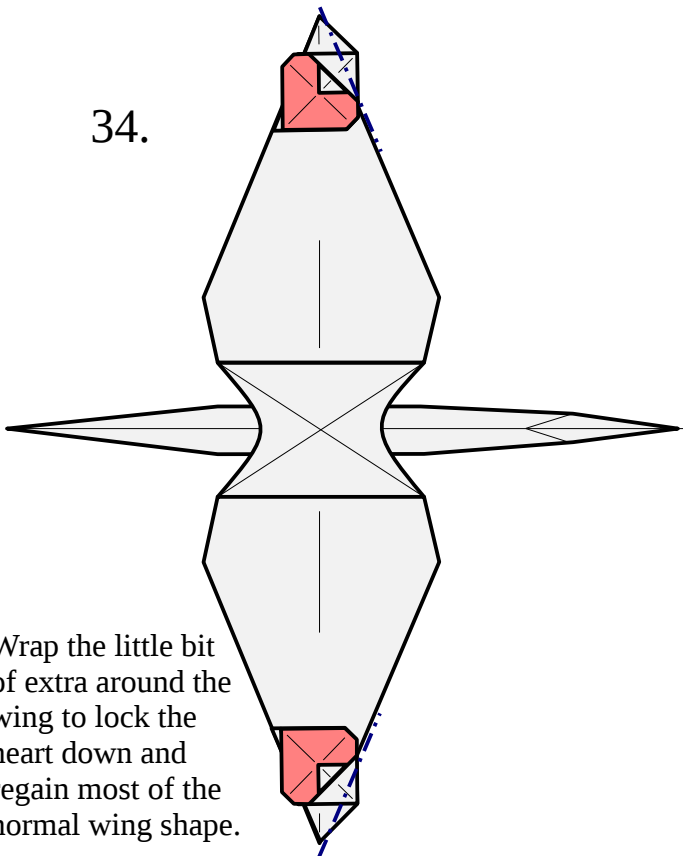
Tug on the wings gently and steadily to inflate the body of the crane.

33.



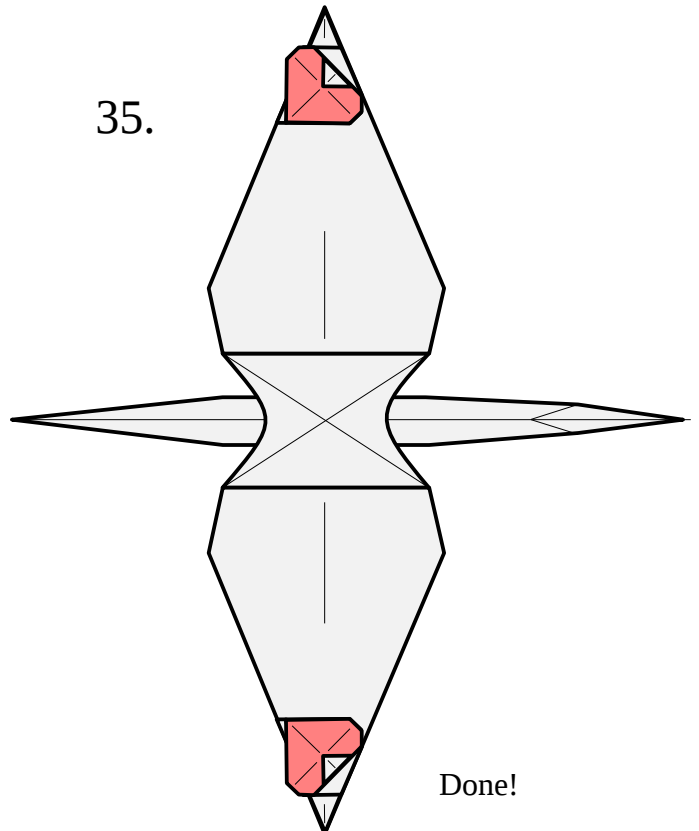
Wrap the little flaps around the wings and allow the hearts to flip around to the front without creasing them.

34.



Wrap the little bit of extra around the wing to lock the heart down and regain most of the normal wing shape.

35.



Done!