Recommended Paper: 1:2 rectangle at least $5 \times 10$ " ( $12.5 \times 25 \mathrm{~cm}$ ) foil-backed paper or kami (thin with contrasting front and back).
1.

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$32^{\text {nd }}$ s, skipping every third $32^{\text {nd }}$ though some are needed for landmarks to get the others. You may find it easier to make all the $32^{\text {nd }}$ s except the ones on the end, then use the ones you need rather than track which divisions you need while dividing. The starting rectangle is about $1: 2$, but this ratio need not be exact.



Fold the top and bottom to meet in the middle. (A good guess is fine or pinch the half-way mark to mark the center.)
4.


Pull down the corner of the second pleat from the right to form a v-squash.


Squash one pleat horizontally.
6.


Magnified detail view.
(Half of the pleat is underneath the pleat beside it.)

Fold the hidden layer down, including a visible bit at the end.

Fold that hidden layer upward. Make a tiny squash on the south edge of the island.

10.


12.

A) V-squash under the neighboring pleat.
B) V-squash on top of the neighboring pleat.
C) Valley fold.
D) Valley fold.

Two (2) mountain folds to shape the islands.
Magnified detail view of some other islands.




One more small, slightly asymmetrical squash. Force the top just a little for a more rectangular island.

18.



